

*Need to give presentations?  
Want to boost your public speaking skills?  
And communicate with others more effectively?*



**- FREE SEMINAR -**

**Saturday, March 11  
8:00 - 10:00am**

Center for Joyful Living  
5120 Robinwood Rd, Suite C  
Corner of Briarwood & Robinwood-off Hwy 54  
Bonita, CA 91902-1913

### **Public Speaking & Training Tips You Can Use Immediately!**

Ideal for any level of management, administration, sales, marketing, education... and in any industry or field. Bring your friends, boss and co-workers to this program!

Authentically connect with others, in one-to-one conversations and in groups.

Gain insights into having greater credibility, confidence and rapport.

Discover time-saving tips to design and deliver effective presentations and briefings!

#### **In this interactive session, you will:**

- Discover the 7 communication channels
  - Learn tactics to connect with each listening type
  - Gain insights into structure, organization and delivery
  - Become more innovative with a FUN, creative process
  - Save time crafting ANY type of presentation
- Handout includes easy-to-use worksheets!



**Sheryl Roush** is CEO of Sparkle Presentations, Inc. She has given over 3,500 in 12 countries. In 1993 Toastmasters awarded Sheryl their elite designation of Accredited Speaker, judged in six categories. Less than 70 people in 142 countries have received the honor since 1981. A Professional Member of the National Speakers Association since 1990, both the San Diego and LA Chapters honored her with "Member of the Year," as well as their Golden Microphone. As a conference keynote, she has opened for Marie Osmond, closed for Geena Davis, and been on programs with Olivia Newton-John, Marcus Buckingham and Suze Orman. A 17-time award-winning published author, she also received the 2016 Author of Influence. As a speaking coach, clients include: Deepak Chopra's lecturers; the Charger Girls (16 seasons); Intuit's TurboTax® sales team; San Diego Zoo & Safari Park; SDSU professors; Southwest Airlines; UCSD; UCLA; and the US Olympic Training Center training our US Olympians.

SherylRoush.com • SparklePresentations.com • SpeakAndMarketLikeAPro.com



**This FREE program is proudly sponsored by Sweetwater Valley Toastmasters Club #3225**

[SweetwaterValley.tmlclubsites.org](http://SweetwaterValley.tmlclubsites.org)

**RSVP by March 10, please to:**

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